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Maura J. Rossman, M.D., LHIC Co-Chair
Health Officer, Howard County Health Department

Steven C. Snelgrove, LHIC Co-Chair
President, Johns Hopkins Medicine Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Weight Work Group Meeting

November 17, 2016 – 8:30-10:00 pm

Barton A

Minutes

Members Present:

Mary Ann Barry, Transition Howard County
 Tara Butler, Howard County General Hospital
 Maria Carunungan, Howard County Health Department
 Marsha Dawson, Dept. of Community Resources and Services
 Jeannie DeCray, HC Office on Aging and Independence
 Riva Eichner, Days of Taste
 Kayla Kavoukas, Work Group Delegate
 Kelly McMillan, Howard Community College

Cindi Miller, Howard County General Hospital
 Ekere Olojola, HC Public School System
 Maura Rossman, HC Health Department
 Mike Senisi, HC Public School System
 Barbara Wasserman, Work Group Delegate
 Katherine DiSalvo-Thronson, Horizon Foundation

Guests Present:

Charles Smith, HC Department of Community Resources and Services; LHIC Healthy Aging Work Group
 James Zoller, Howard County Office of Sustainability
 Amy Crone, Farmers Market Association

Staff Present:

Rhonda Jenkins, LHIC Program Coordinator
 Kelly Kesler, LHIC Program Director

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Kayla Kavoukas called the meeting to order at 8:35am.	
Approval of Minutes and Announcements	<p>Rhonda Jenkins asked for any corrections to the agenda or minutes from the October 19, 2016 meeting. A motion to accept the agenda was made by Mike Senisi and seconded by Ekere Olojola. A motion to approve the minutes as written was made by Jeannie DeCray and seconded by Mary Ann Barry.</p> <p>Group members shared announcements about upcoming programs and activities including Great American Smoke out, WIC's Community Baby Shower on 11/19/16, and the Office on Aging and Independence's Thanksgiving celebration on 11/17/16.</p>	Work Group members are encouraged to provide event information for inclusion on the LHIC website on a frequent and on-going basis.

	<p>Kelly Kesler encouraged work group members to provide event information for inclusion on the LHIC website and Rhonda Jenkins shared the LHIC "Connect With Us" postcards to be shared with potential LHIC members and with the community.</p>	
<p>Horizon Bikeway Discussion</p>	<p>A follow-up discussion on the Horizon Foundation's Bikeway proposal that was presented to the Work Group on October 20, 2017 was held.</p> <p>Work Group members discussed the proposal to bring this to a vote of support by the Full LHIC and generated questions for follow-up.</p>	<p>Work Group Members can review the Horizon Foundation's Bikeway initiative: http://www.thehorizonfoundation.org/hcbikeway/</p> <p>Kelly Kesler met with Katie DiSalvo-Thronson from the Horizon Foundation on November 17, 2016 and shared the questions and concerns conveyed by the Work Group.</p> <p>The request to bring the Bikeway Proposal to the Full LHIC will be revisited after the Healthy Aging and Access to Care work groups have heard the presentation and had discussion.</p>
<p>Delegate's Report/ Updates from Action Groups</p>	<p>Kayla Kavoukas introduced discussion of Action Items determined in the October 20, 2016 meeting.</p> <p>Barbara Wasserman provided updates from the nutrition action group. This action group is continuing to look at ways to increase the utilization of Farmers' Markets.</p> <p>Kayla Kavoukas provided updates on the physical activity action group. This action group is continuing explore ways to promote walking and biking to school. Kayla shared her involvement as an LHIC Delegate on the HC Walk and Bike to School Initiative.</p>	<p>The kick off for the HC Walk and Bike to School Initiative is scheduled for 5/10/17. Additional information will be provided to the work group as it becomes available.</p>
<p>New Business:</p>	<p>The Work Group broke out into two action groups to discuss the following proposed Action Items:</p> <p>A. <u>Nutrition Action Group</u>: Identify and pursue new vendors for the Health Department location to designate it as a Farmer's Market (having three or more vendors) and promote its availability as a market in a key location that offers convenient times and accepts SNAP, WIC vouchers and senior coupons.</p> <p>B. <u>Physical Activity Action Group</u>: Encourage participation in programs promoting physical activity through safe walking and biking education.</p> <p>The Nutrition Action Group heard from two guest speakers:</p>	<p>Action Group A Follow-up Action Items:</p> <p>James Zoller will speak to Kathy Johnson at Agricultural Marketing Program of Howard County Economic Development Authority to inquire about obtaining more vendors (farmers) to have an increase in a variety options.</p> <p>The installation of a permanent location/tent to facilitate easy set-up for Farmers Market vendors will be discussed with appropriate HCHD staff.</p> <p>Amy Crone will provide an overview of the MDFMA program and the budgets for other county markets.</p>

	<p>James Zoller from the Howard County Office of Sustainability shared information on increasing participation in redeeming WIC vouchers and utilizing SNAP benefits at the Farmers' Market and provided education on the differences between farmers stands and famers markets.</p> <p>Amy Crone, from the Maryland Farmers Market Association (MDFMA) shared information on how they have assisted institutional partners to implement Electronic Benefit Transfer (EBT) programs at farmers markets and how they currently manage the acceptance of the Supplemental Nutrition Assistance Program (SNAP) as well as matching through the Maryland Market Money program at four markets each season.</p> <p>The WIC office of the Howard County Health Department shared that it had surveyed participants to determine why redemption rates of WIC farmers' market vouchers were low and cited reasons given as: transportation, need for better selections and forgetting to redeem the vouchers.</p> <p>The Physical Activity Group discussed the need to develop an initiative around walk and bike safety that could complement other walking/biking initiatives such as the HC Walk and Bike to School Initiative and the Horizon Foundation's Bikeway proposal and would support the overall goal of encouraging physical activity.</p>	<p>Action Group B Follow-Up Action Items:</p> <p>Mike Senisi will share dates and times of the scheduled Family Fit nights and facilitate a connection to engage the HCLHIC in having resource information/presenting at the events in appropriate schools.</p> <p>Kayla Kavoukas will work with Jackie Douge to obtain additional information regarding outcomes/goals for the Walk and Bike to School Day kickoff event; the type of appropriate involvement and/or support of the HCLHIC Healthy Weight Work Group will be assessed.</p> <p>Kelly Kesler and Kayla Kavoukas will draft outcomes for group's action item for review by all at next meeting.</p>
<p>Wrap Up and Adjournment</p>	<p>The meeting was adjourned at 10:07am</p>	

Work Group

December 15, 2016 (Severn)
February 16, 2017 (Barton A)
March 23, 2017 (Barton A)
May 25, 2017 (Barton A&B)

FULL LHIC

January 26, 2017 8:30-10:30 am
April 27, 2017 8:30-10:30 am
June 22, 2017 8:30-10:30 am
September 21, 2017 8:30-10:30 am

Respectfully submitted by
Rhonda Jenkins
LHIC Program Coordinator